

Dear Friends,

As we enter the second month of the year, and our New Year Resolutions wane, and gift gym memberships lapse - help is at hand . . .

As, in response to our series of prayers to pray together each month, a prayer has been emailed to me, that was particularly special for the Rev'd Gordon McQuibban when he worshipped at St Michael's, and then latterly at St James'.

We could try it for size ourselves this month:

**Father God, who madest me and all things else to worship thee,  
Make me fit in mind and heart, body and soul to play my part.  
Fit to stand and fit to run, fit for sorrow, fit for fun,  
Fit for work and fit for play, fit to face life, day by day.  
Father God, who madest me, make me fit to worship thee.**

With love,  
Stephen.

**P.S.** St Irenaeus, back in the second century declared:

"The glory of God is a person fully alive."

This anonymous prayer will help us towards that goal.

## CHURCHYARD BIRD FEEDERS



A big thank you to everyone who has, and is, contributing to the bird feeders in St Mary's Churchyard. The variety of birds is increasing and they are wonderful to watch. Please feel free to fill the feeders and watch the birds come and go! The feed box is under the seat in the porch. This is a great start to encouraging wildlife in this lovely space, and we hope to develop this during the coming year - your ideas would be very welcome.

Do contact Liz on 854934 or Angie on 854898.

Thank you!

## SERVICES FOR FEBRUARY 2017

### Sunday February 5th

11.15am, Rev'd Sue Astbury

### 4th Sunday before Lent

Parish Communion Ideford

### Sunday February 12th

(11.00am, Deanery Service with Bishop Sarah at the Kenn Centre, Kenford.)

6.30pm, Rev'd Stephen West

### 3rd Sunday before Lent

Evensong Luton

### Sunday February 19th

10.00am, Ruth Sewell

10.00am, Rev'd Helen Bays

### 2nd Sunday before Lent

Village Praise Ashcombe

Family Communion Ideford

### Sunday February 26th

6.30pm, Rev'd Stephen West

### Sunday before Lent

Evensong Ideford

### Tuesday February 28th

4.15pm

### Shrove Tuesday

Messy Pancakes in Ideford Village Hall

*Please Note - Service Leaders are subject to change.*

### Ideford Readings for February

	Reading	Readers	Sidesmen
Feb. 5th	1 Corinthians 2.1-12 Matthew 5.13-20	Alan Wooderson Vanessa Morby	Alan Wooderson Vanessa Morby
Feb. 19th	Romans 8.18-25 Matthew 6.25-end	Alan Wooderson Nicki Horseman	Alan Wooderson Nicki Horseman
Feb. 26th	Exodus 24.12-end Matthew 17.1-9		

## BISHOPSTEIGNTON SERVICES

### 1st Sunday

9.00am Holy Communion (said)

10.30am Village Worship at the Methodist Church

### 2nd Sunday

9.00am Holy Communion (said BCP)

11.00am Deanery Service at Kenford

### 3rd Sunday

9.00am Holy Communion (said)

10.30am Village Family Praise

### 4th Sunday

9.00am Holy Communion (said)

10.30am Parish Communion (sung)

### Every Wednesday

10.00am Holy Communion, and prayers for healing (said)

**PLOUGH SUNDAY, January 29th - St John's, Luton at 6.30pm**

The service is taking the form of a Plough Sunday service when the plough will be blessed. It is many years since this service was held so we hope to see many of you there.

The service is being taken by our Team  
Rector Rev'd Roderick Withnell.



*St Mary's Church, Ideford and St John's, Luton*

*invite all children under 12*

*with their parents and grandparents to*

## **Messy Pancakes**

in Ideford Village Hall

on Tuesday 28th February

4.15-5.45pm

*Stories, songs, crafts and pancakes!*



Everyone is welcome!

Please let Liz Rice know if you would like to come

[lizrice890@icloud.com](mailto:lizrice890@icloud.com)

## **DATES FOR YOUR DIARY - Regular Events**

### **TUESDAY COFFEE MORNINGS**

February 7            Angela Fox, Well Barn, Olchard  
February 14          Ann Rigby-Jones, 1 Town Farm Court, Ideford  
February 21          Ann Rigby-Jones, 1 Town Farm Court, Ideford  
February 28          Kathleen Mortimore, Oaks Reach, Ideford

### **IDEFORD SHORT MAT BOWLING**

Tuesdays and **Sundays 7.00pm** in Ideford Village hall. New members welcome.

### **ART GROUP**

**Thursdays from 6.30 - 8.00pm**

Adults - £5.00 per session, 16 and under - £3.50 per session.

More information from Angie on 01626 854898.

### **IDEFORD PARISH COUNCIL**

Wednesday 1st February at 6.30pm - Village Hall, Ideford. Monthly Council Meeting - all Parishioners are invited and welcome to attend.

### **BISHOPSTEIGNTON PARISH COUNCIL**

Meetings are held at 7.30pm at The Community Centre, Shute Hill

Monday Feb. 6th            Parish Council Meeting

Monday Feb. 20th          Planning Subcommittee Meeting

### **BELL RINGING PRACTICE**

Practices normally in Ideford Church on **Thursday evenings from 7.30pm until 9.00pm**, Please contact Ann Rigby-Jones (852344) or Martin Sampson (853391) for more information.

### **IDEFORD LUNCH CLUB**

Second Tuesday of each month.

For more details please contact Kath Mortimore (853394).

### **IDEFORD CHURCH KEY ROTA**

February    Bill Wilkins (Linden Lea)

March        Roz Brown (Thatcher Cottage)

### **IDEFORD CHURCH CLEANING ROTA**

February    Liz Rice

### **LUTON ALTAR FLOWER AND BRASS CLEANING**

February    K Vooght

## Other Events

### THE GREAT BRITISH SPRING CLEAN

During the weekend of March 3rd 2017, a National Clean Up is being launched. If you are interested in spending a couple of hours helping to litter pick, weed, tidy etc. in the parish, please contact any member of Ideford Parish Council, or e-mail [idefordclerk@hotmail.co.uk](mailto:idefordclerk@hotmail.co.uk)



A banner with blue and orange triangular flags. The word 'SUMMER' is on blue flags and 'FETE' is on orange flags. The letters are white and bold.

*IT'S BACK*  
*ST MARY'S TRADITIONAL CHURCH FETE*  
*JULY 2017*

*Watch this space for more information*  
*Want to help?*  
*Contact Alan on 853188*

### DARK AND CHUNKY

Many thanks for the jar donors who have enabled me to make a second batch of marmalade to sell in aid of the church. I am over the moon if I come home and find jam jars on my doorstep. Without jars, I cannot go into production, so even if it is only one or two, they do really make a difference.



Please don't put them in your recycling box, give them to me instead. If they have lids and no labels, that is ideal but not essential.

Many thanks

Liz (Rook Hayes, Church Road)

### **Smile at a Stranger shoeboxes and donations.**

Thank you everyone! As a village, we collected 11 shoe boxes filled with items for homeless people in Exeter and Teignbridge, to be distributed in the week leading up to Christmas. I'm told they were very gratefully received.

We also collected 15 bags of clothes!

Ann Rigby-Jones organised carol singing around the village (lots of fun, thank you Ann) and had a collection bucket that raised £80. Amazing.

Thank you everyone who donated to this very worthy cause.

Liz Rice.

### **CAROL SINGING AROUND IDEFORD**

Thanks to those who came around the village singing carols before Christmas and thanks to those who generously gave money to "Smile at a Stranger" - a local charity for the homeless. £80 was collected, thanks to you all.

A. R-J.

### **Temporary Prohibition of Through Traffic & Parking.**

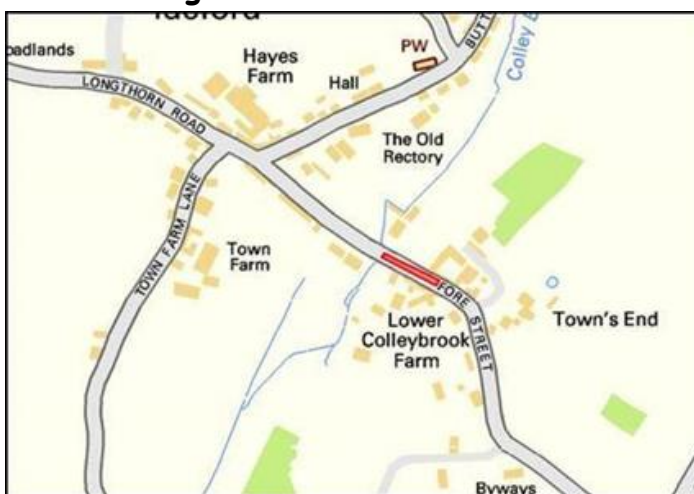
**Reference - TTRO1618976**

**Road Closure in Fore Street, Ideford**

**From Wednesday, 30 Jan 17 to**

**Friday, 3 Feb 17 inclusive**

DCC Highways will be conducting drainage works to replace/repair a collapsed pipe under the road.



For additional information contact the South West Highways Customer Liaison Officer on 01404 821500

### **RUBBISH!! A Gentle Reminder**

The Village Hall has one black bin, this is for the use of the Village Hall and its hirers only. After a recent event, there was no room for rubbish as the black bin had been filled with non-hall refuse. It is important that hall users can put rubbish in this bin which is always kept on the premises.

Thank you for your co-operation.

I.V.H.M.C.

## **IDEFORD VILLAGE HALL INTERNET ACCESS**

Thanks to Torbay Telecom, Ideford Village Hall now has free wifi internet access. The network name and password are displayed on the wall adjacent to the main door into the committee room. Torbay Telecom have provided this free of charge and there are no on-going costs to the village hall so thank you once again to Torbay Telecom.

Kevin Lovell

## **IDEFORD ART GROUP 2017**

Happy New Year!

This Art Group involves directed and non-directed work. Everyone is encouraged to develop their own style and potential. You need no experience to start, however, if you have experience and would like to refresh your skills in a relaxed atmosphere, these sessions could be for you. There is no obligation to attend every week. Each session costs £5 per adult and £3.50 for those 16 years and under. (10 years of age is a good starting point).

The Group meets each Thursday from 6.30pm - 8pm.

There will be no Art Group during August as this is very close to Devon Open Studios, an event in which I take part.

During the summer months, there will be sketching evenings in and around the Parish. Although some basic materials will be provided, you need only bring pencils and a good quality sketch book to start with.

Please ring me on 854898 for details or e-mail [angie@ideford-parish.co.uk](mailto:angie@ideford-parish.co.uk) . You will be made most welcome.

A.C-W

## **Are you ready for the Chutney Challenge?**

Make a pot of your favourite chutney to enter a village competition at this year's fete.

Chutney often tastes better if stored for a few months so start planning now!

Become Ideford's Chutney Champ.

More details to follow - Liz Lucas

## **Homeless in Teignbridge Support (HITS) Food Bank**

If you have ventured into any of the Haldon Team churches lately, you may have wondered why there is a large plastic box in a prominent place. Not necessarily what you would expect in an historic church, but an essential part of our mission, for into those boxes go the items brought in for the food bank. Why should we be doing this?

Here is an introduction to HITS in their own words:

### **“What we do**

We are a local charity supporting local people. We work with homeless people and those in crisis and need in our community, throughout Teignbridge and in the more rural areas. People that have been helped include those who are homeless, victims of domestic violence, ex-service personnel, the elderly, families in poverty, disabled people, ex-offenders and many others. We provide a number of different services to people in need. Our support is on a case-by-case basis. We collect food and other goods, and distribute them via referral agencies. We provide toiletry, food and household crisis packs, and can also provide baby packs and help for pets if needed. We provide white goods, furniture and other support to help people settle in a new home. We work as part of the Teignbridge Advice Partnership to provide mentoring and advocacy services.

Between the start of the project in September 2012 and May 2016, we have helped more than 4,500 people and distributed more than 200 tonnes of food.

### **Why our services are needed**

It is a reality that in 21st Century Britain, people are increasingly having to come to foodbanks in order to survive. HITS aims to help as many local people as we can, ensuring that we help to improve local needs and improve the communities around us. The main issues are that working people face low wages, increasing living costs, zero-hour contracts and insecure work, and problems accessing welfare benefits. Even if some people have housing, they often cannot afford to pay the electricity and gas for simple heating, lighting and cooking. The most vulnerable, elderly and disabled also face significant problems in trying to cope with little or no money and support in everyday life. Our local GP surgeries, schools, Social Services, Citizens Advice Bureaux and NHS all come to us with clients and patients, who come from all walks of life. And of course, it is equally very sad that, as a country, we waste millions of tonnes of food each year. We work very closely with local and major supermarket chains and businesses to reduce food waste and encourage others to think about others who need the help and support of HITS.



HITS cont. . .

***"I have the audacity to believe that peoples everywhere can have three meals a day for their bodies, education and culture for their minds, and dignity, equality and freedom for their spirits. - Martin Luther King Jr."***

There are collection points in various supermarkets but items brought into the churches will be passed on to HITS as soon as possible. Their needs vary. For up to date information, go to their website [www.hitsfoodbank.org](http://www.hitsfoodbank.org) or follow them on Facebook.

At the time of writing in mid January, they have plenty of pasta and beans but are asking for tinned peas, tinned carrots, instant mash, pasta sauces, medium jars of coffee, 500g bags of sugar, UHT milk, UHT orange juice, 4 packs of toilet rolls. Please look for long expiry dates on UHT items.

By adding an inexpensive item to our shopping list each week, we can give vital support to local people who are struggling in ways that could easily affect any of us. By finding support through periods of crisis, they can regain firm ground and retain their human dignity.

***Contributions brought into Ideford Church, which is open each day from morning till dusk, will be offered during the 3rd Sunday service and taken to a collection point in Dawlish the following day.***



Avian Influenza, also known as bird flu, is a disease that affects all types of poultry including chickens, ducks and geese. A severe strain of the disease, H5N8, has recently been found in wild and captive birds in the UK. A Prevention Zone was declared in December that covers the whole of the UK.

The prevention zone means that all poultry keepers, whether on a commercial scale or simply a small backyard flock, are now required by law to house them (keep them under cover) or otherwise keep them separate from wild birds. This requirement has now been extended until 28 February 2017.

A guide designed to help keepers of small flocks of poultry look after their birds while there is a prevention zone in place can be found on the DEFRA Website at:

[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/581952/ai-birdflu-factsheet-170106.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/581952/ai-birdflu-factsheet-170106.pdf)



Following the Phase 2 contract award, Gigaclear and Connecting Devon and Somerset (CDS) are working together to potentially bring faster broadband to our community. Gigaclear could be installing a new, pure fibre-to-the-premises broadband network in our area over the next 3 years, bringing speeds from 50Mbps up to 1000Mbps to properties in the area.

Currently, Gigaclear and CDS are finalising the coverage area and the rollout schedule which should be confirmed during Mar/Apr 2017. In the meantime, you may register your interest on the Gigaclear website ( <https://www.gigaclear.com> ), using the Post Code Checker and "Register your Interest" Button. This does not commit you to anything, it just allows Gigaclear, who will be building the network, to keep you informed on progress with the rollout.

## NEWS FROM SHELDON

Quiet Day at Sheldon on Ash Wednesday 1st March, led by Ven John Rawlings, former Archdeacon of Totnes. The day will be held in silence with 4 addresses and includes plenty of time to quietly explore Sheldon's grounds, labyrinth, chapels and library, read or pray. The new facility, available for guests in 2017, is our lovely Art Shed for messy play for grownups.

Cost £20 includes refreshments and lunch. 20% discount for people in ministry.

Advance date for your diary: 22nd June Quiet Day led by Canon Dr Lynda Barley, Canon Pastor of Truro Cathedral.

You can also book the Sheldon Library for a private Quiet Day at the time of your choice. Or, how about a Pig Pen or Hen Run for a short private retreat? Prices start at budget weekend for £99.

[www.sheldon.uk.com](http://www.sheldon.uk.com)      01647-252752      [bookings@sheldon.uk.com](mailto:bookings@sheldon.uk.com)

Sheldon, Sheldon Lane, Daddiscombsleigh, Exeter EX6 7YT

## WEBSITES AND SAT. NAV.

Haldon Team Website:      [www.haldonteam.org.uk](http://www.haldonteam.org.uk)

Ideford Parish Website:      [www.ideford-parish.co.uk](http://www.ideford-parish.co.uk)

### Church Post Codes For Sat Nav:

St Mary's, Ideford      TQ13 0BA

St John's, Luton      TQ13 0BN

St Nectan's, Ashcombe      EX7 0QD

## ASHCOMBE VILLAGE CLUB

**Opening times:** Tuesday, Thursday, Friday 7.30pm -11pm.  
3rd Saturday of the month 7.30pm - 11pm  
Sunday 1pm - 5pm.

**Skittles** Tuesday & Thursday.

**Meat Bingo** 1st Wednesday of the month.

**Early Doors** 1st Friday of the month.

**Membership:** Single £10, Couple £15.

See website for further details: [www.ashcombe-villageclub.co.uk](http://www.ashcombe-villageclub.co.uk)



## CHUDLEIGH LIBRARY

Monday	10.00am - 1.00pm	Tuesday	3.00pm - 6.00pm
Wednesday	10.00am - 1.00pm	Thursday	Closed
Friday	2.00pm - 5.00pm	Saturday	10.00am - 1.00pm

## MOBILE LIBRARY

### February 15th

Ideford (The Pound)	15.45 - 16.15
Luton (Church Street)	16.25 - 16.45

## Tunes for Toddlers

Come and listen to stories, make simple things to tie in with the stories and sing songs.  
Every Thursday during term time, 10.30am - 11.30am.

No need to book - just turn up!

## IDEFORD VILLAGE TRANSPORT TIMETABLE

<b>Ring &amp; Ride</b>	<b>Destination</b>	<b>Fares (return)</b>
Monday	Newton Abbot (will stop at Sainsbury's)	£4.25
Wednesday	Newton Abbot (will stop at Tesco)	£4.25
Thursday	Teignmouth	£2.75

### ***How to make a Ring & Ride Journey***

- Choose which day you wish to travel. Telephone 01626 888777 between 9am-3pm, Monday to Friday, answer phone service available at all times.
- Please be ready by 9.30am.
- Be ready at 1.00pm to be collected at the 'Boarding Point' for your journey home.
- Please cancel booking if you are not able to travel.
- Please wear seat belts at all times.

Dawlish Community Transport Service operates in the area to provide transport for all ages, whether they are disabled, frail, infirm or not . . . in fact, anyone wishing to use this service will be very welcomed. All our vehicles are adapted to take wheelchair seated passengers, have lowered steps and tail lifts.

For more information please telephone 01626 888890