

## **"I'm so busy!"**

How often have I said this and heard others say it as well?! Life can be hectic and no doubt our time off over Christmas and New Year has become a distant memory, as we return to routines and demands of busy lives.

I have a friend who has stopped saying that she is busy after she read the book *Beyond Busyness* by Rev'd Stephen Cherry. Rev'd Cherry is an Anglican Priest and his book is for those in ministry, but it is proving to be invaluable to anyone who is interested in looking beyond the obvious suggestions for better time management. My friend says that she now looks more carefully at what she commits herself to and, while it isn't perfect, her life is richer for making better decisions for herself and those around her and, especially, her spiritual 'time management.'

The heart of such books isn't simply managing time and commitments but more of an invitation to consider ourselves and where we place our attention. It is all too easy to just keep going and not to stop and reflect on how effective what we are doing is. Pressures of work, after school clubs, caring for others, can leave us exhausted and starved of time for ourselves. When I look at the book, I was reminded of the life of Jesus. Jesus' life was not tranquil and without stress or busyness; he had a lot to do in a short time. He was involved in selecting and teaching his disciples and other followers as a healer and, as we will soon reflect during Lent and Easter, preparing himself for betrayal and death. When I read about his work he takes every opportunity to find time to reflect, to be still and to 'take stock', and ask God for the strength to know what he was to do.

The opening line of my favourite hymn is 'Be still for the presence of the Lord'. What I believe Rev Cherry is seeking to do is to guide us to do just that. To give ourselves time and space to not only to listen and think through our days and commitments, but to find regular time to stop and listen to God. To find time for stillness, to settle our emotions and remember that while we might feel responsible and obliged for many things, there is a greater chance to do better at what we have to do. From a place of re-charging our energy, through regular attention to find calm in our lives. From stillness can come peace and perspective, a greater capacity to live well, which is what God is inviting us to do. So, let's start to support ourselves and others, in 'not being busy.' Let us all find a few minutes every day, to allow calmness and quietness to be a force for healing our ragged nerves. To allow God to be present, to receive his love and attention, which is what the Christian message, through Jesus, is about.

Lord, slow me down. Help me to take time to stop, to sit for a while, to breathe slowing, gently and to allow you to guide and help me in all I do, this day and every day, Amen.

*Ruth Sewell, Reader*

## SERVICES FOR FEBRUARY

<p><b>Sunday Feb. 3<sup>rd</sup></b> 10.30am, <i>Rev'd Sue Astbury</i></p> <p><b>Sunday Feb. 10<sup>th</sup></b> 6.30pm, <i>Rev'd Roderick Withnell</i> <i>Rev'd Sue Astbury</i></p> <p><b>Sunday Feb. 17<sup>th</sup></b> 10.00am,</p> <p><b>Sunday Feb. 24<sup>th</sup></b> 6.30pm, <i>Rev'd Roderick Withnell</i></p>	<p style="text-align: center;"><b>Presentation of Christ in the Temple</b></p> <p>Parish Communion <span style="float: right;"><b>Ideford</b></span></p> <p style="text-align: center;"><b>4<sup>th</sup> Sunday before Lent</b></p> <p>Plough Sunday Evensong <span style="float: right;"><b>Luton</b></span></p> <p style="text-align: center;"><b>3<sup>rd</sup> Sunday before Lent</b></p> <p>Village Worship <span style="float: right;"><b>Ashcombe</b></span></p> <p style="text-align: center;"><b>2<sup>nd</sup> Sunday before Lent</b></p> <p>Evensong <span style="float: right;"><b>Ideford</b></span></p>
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*Please note that service leaders are subject to change*

### Ideford Readings for February

	Reading	Readers	Sidesmen
<b>Feb. 3<sup>rd</sup></b>	Hebrews 2.14 - end Luke 2. 22 - 40	Alan Wooderson Vanessa Morby	Alan Wooderson Vanessa Morby
<b>Feb. 24<sup>th</sup></b>	Genesis 2.4b-9, 15 - end Luke 8.22 - 25		

### BISHOPSTEIGNTON SERVICES

**1<sup>st</sup> Sunday**

9.00am Holy Communion (said)  
10.30am Village Worship *at the Methodist Church*

**2<sup>nd</sup> Sunday**

9.00am Holy Communion (said BCP)      10.30am Holy Communion (sung)

**3<sup>rd</sup> Sunday**

9.00am Holy Communion (said)      10.30am Village-Family Praise

**4<sup>th</sup> Sunday**

9.00am Holy Communion (said)      10.30am Parish Communion (sung)

**Every Wednesday**

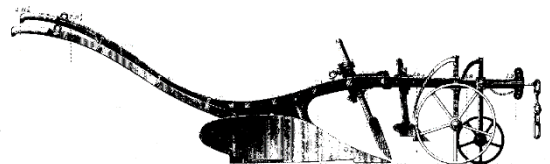
10.00am Holy Communion, and prayers for healing (said)

### ST JOHN'S CHURCH, LUTON

**Plough Sunday Service**

Sunday February 10<sup>th</sup> at 6.30pm  
Followed by refreshments in the schoolroom

**All Welcome**



## AN UPDATE FROM ST. MARY'S PCC

On behalf of the PCC, we just wanted to say a huge thank you for all the support we received at the end of last year. If you remember, at the beginning of 2018, it was proposed the church should close, as it could no longer pay its running costs, and had falling numbers at regular services.

On a positive note, our numbers at services are increasing, we now have a new PCC, and through the Parish Giving Scheme and fundraising, we have managed to pay all our debts this year. The church, at the moment, is therefore safe! ... BUT, we still need to be very careful. Sadly, if we cannot continue to raise the money needed to pay for the church, we could easily be on the at risk list again.

So far, we have 12 regular contributions from the Parish Giving Scheme totalling £200 pounds a month which is amazing, but sadly, we still need more. Our common fund will cost around £700 a month, without adding in running costs of the church. If you can spare a few pounds a week, everything will add together. The church can no longer be run by the few that use it regularly to allow the larger numbers to use it more infrequently for weddings, funerals, christening etc.

The church is linked into the community, whether you come to church frequently or infrequently, whether you have relatives buried in the graveyard, or if you just have a view of it from your house, or if you can see it from the road or walk past it. It is an open, quiet place to sit and think. The church is there for everyone and has been since the 13th Century. Let us not let it close in our era, and let it be there for future generations.

If we can raise this money, then the church can concentrate on running more community focused events without the need to look on them for fundraising. Many of our PCC members are also linked to other fundraising committees for other village charities, but there does come a limit how much we can all do.

If you are interested in Parish Giving, the forms can be found in the church or talk to a member of the PCC. If you are reluctant to commit to the Parish Giving Scheme, but still would like to donate, please contact our acting treasurer Lee Martin

( [underhayes01@btinternet.com](mailto:underhayes01@btinternet.com) ).

If you feel you can help in anyway, without being a member of the PCC please let us know, more people to help keep the 13th Century Fabric of the church in one piece would be great.

St. Mary's PCC

## **DATES FOR YOUR DIARY - Regular Events**

### **TUESDAY COFFEE MORNINGS**

**Tuesday February 5<sup>th</sup>** Kath Mortimore, Oaks Reach, Ideford

**Tuesday February 26<sup>th</sup>** Angela Fox, Well Barn, Olchard

An informal opportunity to chat over a cup of coffee - all welcome

### **IDEFORD SHORT MAT BOWLING**

**Tuesdays and Sundays 7.00pm** in Ideford Village hall. New members welcome.

### **ART GROUP**

**Thursdays from 2pm until 3.30pm** - Adults - £5.00 per session,  
16 and under - £3.50 per session.

More information from Angie on 01626 854898.

### **IDEFORD PARISH COUNCIL**

**Thursday February 14<sup>th</sup> 7.00pm** - Village Hall, Ideford.

Monthly Council Meeting.

### **BELL RINGING PRACTICE**

Practices normally in Ideford Church on **Thursday evenings** from **7.30pm until 9.00pm**,  
Please contact David Aylmore (852259) or Martin Sampson (853391) for more  
information.

### **IDEFORD LUNCH CLUB**

Second **Thursday** of each month.

For more details please contact Kath Mortimore (853394).

### **MOBILE LIBRARY**

**Wednesday February 27<sup>th</sup>**

Ideford (The Pound) 3.45pm - 4.15pm

Luton (Church Street) 4.25pm - 4.45pm

**CHURCH ROTAS** - see page 10.

### **WEBSITES AND SAT. NAV.**

**Haldon Team Website** [www.haldonteam.org.uk](http://www.haldonteam.org.uk)

**Ideford Parish Website** [www.ideford-parish.co.uk](http://www.ideford-parish.co.uk)

**Church post codes for Sat Nav:**

St Mary's, Ideford TQ13 OBA

St John's, Luton TQ13 OBN

St Nectan's, Ashcombe EX7 0QD

## Other Events



### Affordable Housing Drop-In Consultation Event Ideford Village Hall Tuesday, 12 February 2019 From 3.30pm until 7pm

Rural Housing Enablers from Teignbridge District Council and Devon Communities Together are working with Ideford Parish Council to find a site for a small, affordable housing development in Ideford, that would meet local need.

In November 2018, four potential areas were put forward by landowners for suitability assessment as possible affordable housing sites.

The event on 12 Feb 19 has been organised by the Parish Council to give residents the opportunity to ask any questions, to comment or provide feedback or to raise any concerns that they may have about any of the proposed sites.

#### Find out more about:

- ◆ The potential sites that have been put forward
- ◆ Multiple and Single Plot Affordable Self-Build or
- ◆ Registering your own housing need

There is no need to book, just turn up on the day. A Teignbridge Housing Enabler, a Self-Build Officer and staff from Devon Communities Together will be on hand to answer any questions that you might have, or you can complete a feedback form.

If you are unable to attend and would like to ask a question or make any comments, please feel free to contact the Parish Clerk on 07731 145077 or via email at

[idefordclerk@hotmail.co.uk](mailto:idefordclerk@hotmail.co.uk)



#### 100 Club draw - January winners

1st	Liz Lucus (No.25)
2nd	PC & Becks Jones (No.59)
3rd	Sue Sampson (No.89)







## *Always Time for Tea*



*Ideford Village Hall*

*Afternoon Tea*

*3.00pm until 5.00pm*

*on*

*Sunday 24 February*

*Sunday 24 March*



*chocolate*



*Come along for a cup of tea & a toasted teacake*

*Hot Chocolate & Cookies for the children*

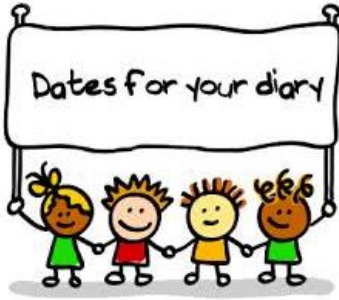
*Well behaved dogs will be welcome*



### **IDEFORD SOCIAL CLUB**

This informal Club meets once a month - normally on the second Thursday - everyone has a lift in a members' car, so getting to a venue is not a problem. The Club visits different local restaurants first for a coffee and then on for lunch. The day provides a good opportunity to relax and do something different!

New members are always welcome - just ring Kath Mortimer on 01626 853394 to be included.

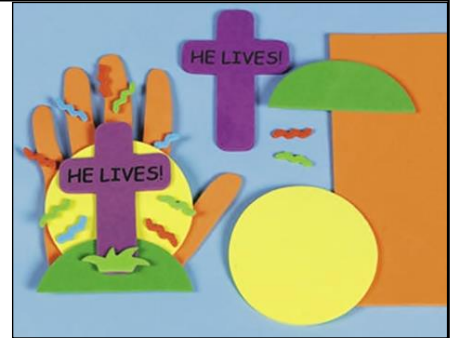


There are lots of events coming up over the next few months, have a look at the next couple of pages, put some dates in your diaries, and look out for more information in future editions of the Parish News.

### Messy Church

Following the success of Messy Christmas, more sessions are being planned for this year:

- Thursday 7th March "Messy Lent"
- Thursday 25th April "Messy Easter"
- Thursday 6th June "Messy Pentecost"



### St Mary's Fundraising Events

In order to keep our Church from closing, and because we have no income apart from the generosity of our parishioners, neighbours and friends - we need to fundraise! Here are some dates for your diary:

#### **Easter Saturday, 20th April**

St Mary's 'Eggstravaganza'. Easter themed family fun.

#### **8th/9th June**

Ideford Open Gardens with Lunch and Cream Teas - plus Scarecrows!

#### **22nd September:**

after the 6.30pm Harvest Service - Harvest Supper

#### **30th Nov/7th Dec**

Christmas Wreath and Table Decoration making Workshops

#### **Feb/March 2020**

Medieval Banquet



If YOU have a wide circle of family, friends and colleagues, and have any ideas or projects that would raise money to help pay the bills for our Village Church, we'd love your help please. You don't need to be on a Committee or need anyone's permission, just go ahead! Or perhaps you'd like to help with any of the events outlined above?

If you'd like to organise something - contact Janet Aylmore, editor of this Parish Magazine, as she keeps a Village Events Diary to avoid any clashes. If you book and use the Village Hall, that would help another important building in our village to keep going.

With thanks in anticipation for your much appreciated support to keep St Mary's going in 2019!

Vanessa - 853991

## Advance Dates for Socials at the Village Hall

Saturday 30th March

Quiz Supper

Saturday 27th April

Country and Western Evening



## Bishopsteignton Preschool Easter Fayre Saturday 30th March 10-12

Bishopsteignton Community Centre

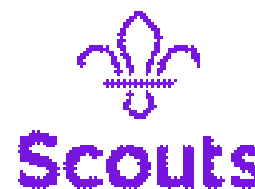
Starting with a traditional Easter bonnet parade.

## 1st Bishopsteignton Scout Group

Hi, my name is Leila and a couple of weeks ago, me, Josh Jones, Ben Rusden, all from Ideford, and 3 other scouts from 1st Bishopsteignton scout group, got selected to go on a two week European Jamboree in Poland. The Jamboree is going to be held in Gdansk in 2020, where we will be able to meet some of the 25,000 scouts from around Europe - hopefully making many strong, life-long friendships. During the Jamboree we will be able to learn lots of new skills and learn about different cultures and traditions.

A lot of this trip is educational as well as about having fun and making friends. We will stay for multiple days in hostels as well as at the camp. Another major educational part of our two weeks will be when we spend two days at the Jewish concentration camp - Auschwitz. This part of the trip will have a major impact on us and hopefully teach us a lot about the preciousness of life.

Another major part of this experience is fundraising. Each of us has to raise £1,500 in order to attend. This money pays for our transport, kit, food and accommodation. Over the next year and a half, we will be holding multiple fundraisers and we would really appreciate your support. This once in a life time opportunity will hopefully have a major positive impact on our lives and teach us many new skills.



Leila Gardner

Ideford Parish Council would like to welcome **Greg Dyke**, who takes up the role of Parish Clerk and Responsible Financial Officer for Ideford with effect from Friday, **1 February 2019**. Greg has over 40 years local government experience and, once in post, can be contacted via **07731 145077** or at [idefordclerk@hotmail.co.uk](mailto:idefordclerk@hotmail.co.uk)

I am sure that you will join the Parish Council in welcoming Greg to the Parish.





## DO YOU WANT TO MAKE A DIFFERENCE?

- Do you want to get things done in your local community?
- Are you worried about how cutbacks might affect your local services?
- Would you like to take a more active role within your community?



LOCAL PEOPLE • LOCAL DECISIONS • BETTER LIVES

Then work in tandem with your local Parish Council. You could make a difference to your local community by becoming a Parish Councillor or by just working more closely together with them.

### The next Election will take place on 2 May 2019.

#### Qualifications

A person is qualified to become a Parish Councillor if:

- They are a British subject, or a citizen of the Irish Republic or other Euro national and on the day, they are nominated as a candidate for election.
- They are over 18 and an elector and
- During the whole of the 12 months preceding their nomination day, or the day of the election, resided or had their principal place of work in the parish or within 3 miles of it.

#### Disqualifications

A person may not become a parish or town councillor if:

- They hold a paid office or other place of profit in the gift of the Council.
- They have been declared bankrupt in the past five years and have not repaid their debts.
- They have been convicted of a criminal offence and sentenced to not less than 3 months imprisonment (including any suspended sentence) within the past 5 years.

If you are interested in becoming a Parish Councillor, you can contact the Parish Clerk or any member of the Parish Council to express your interest.

Keep an eye on our local notice-boards, Parish Newsletter and Parish Website, for any additional information about the Parish Councillor Election or any vacancies or visit [www.ideford-parish.co.uk](http://www.ideford-parish.co.uk) for more information on who your current Parish Councillors are and what they do.

**Lost and Found** - 1 wooden and metal tray left at the Hall on the night of the Christmas Dinner. Please would the owner come forward to claim it.

Apply Angela Fox 01626 859599

## **Mary's Christmas Tree Festival**

The church was really brought to life before Christmas with our first Christmas Tree Festival. The PCC wanted to hold this event to draw the community back into our beautiful and historic church, regardless of religious beliefs, and also to raise much needed funds to keep the church open.

We had 18 trees decorated by local community groups and a handful of local businesses and had the trees sponsored by local businesses. The PCC would like to thank all the groups who worked hard with their tree decorations and also to the businesses who sponsored the trees and event.

After a slow start during our evening openings (while the festival looked particularly nice with the twinkly lights and dark evenings), the event really took off on the Saturday where we lost count of the number of visitors. We estimate that we had over 300 people through the church during the festival and this included a visit from BBC Spotlight who featured the event in their local news program.

We have raised £800 from the event which has enabled St Mary's to get up to date with the Common Fund payments and to start the New Year in credit. The event wouldn't have been possible without a lot of peoples' involvement and to everyone who helped in whatever capacity; decorating trees; sponsoring the event; setting up trees; helping; taking down; and those who visited the festival - a huge heartfelt THANK YOU from the PCC. It was a lot of hard work just before Christmas but worth it and we're looking to make the event a regular one every other year.

Vicki Gardner

### **IDEFORD & LUTON CHURCH ROTAS**

#### **Luton Church Altar Flowers and Brass Cleaning**

February                      K Vooght

#### **Ideford Church Key Rota**

February                      Bill Wilkins (linden Lea, Butts Lane)

If you are on the rota and someone takes over your key duty during the month (or you need someone to take over in an emergency), please let Lesley, the Church Key Rota Co-Ordinator know on 01626 853752. It would also be helpful if you could amend the Rota in the church porch - thank you.

#### **Ideford Church Cleaning Rota**

February                      Liz Rice

## Ashcombe Village Club

**Opening times:** Tuesday, Thursday, Friday 7.30pm -11pm.  
 3rd Saturday of the month 7.30pm - 11pm  
 Sunday 1pm - 5pm.

**Skittles** Tuesday & Thursday.  
**Meat Bingo** 1st Wednesday of the month.  
**Early Doors** 1st Friday of the month.

**Membership:** Single £10, Couple £15.



See website for further details: [www.ashcombe-villageclub.co.uk](http://www.ashcombe-villageclub.co.uk)

## CHUDLEIGH LIBRARY

Monday	10.00am - 1.00pm	Tuesday	3.00pm - 6.00pm
Wednesday	10.00am - 1.00pm	Thursday	Closed
Friday	2.00pm - 5.00pm	Saturday	10.00am - 1.00pm

### Tunes for Toddlers

Come and listen to stories, make simple things to tie in with the stories and sing songs.  
 Every Thursday during term time, **10.30am - 11.30am**.

No need to book - just turn up!

**Mobile Library dates and times can be found on page 4 under 'Regular Events'.**

## IDEFORD VILLAGE TRANSPORT TIMETABLE

Ring & Ride	Destination	Fares (return)
Monday	Newton Abbot (will stop at Sainsbury's)	£4.25
Wednesday	Newton Abbot (will stop at Tesco)	£4.25
Thursday	Teignmouth	£2.75

### How to make a Ring & Ride Journey

- Choose which day you wish to travel. Telephone 01626 888777 between 9am-3pm, Monday to Friday, answer phone service available at all times.
- Please be ready by 9.30am.
- Be ready at 1.00pm to be collected at the 'Boarding Point' for your journey home.
- Please cancel booking if you are not able to travel.
- Please wear seat belts at all times.

Dawlish Community Transport Service operates in the area to provide transport for all ages whether they are disabled, frail, infirm or not...in fact, anyone wishing to use this service will be very welcome. All our vehicles are adapted to take wheelchair seated passengers, have lowered steps and tail lifts.

For more information please telephone 01626 888890