

Ideford Isolation Community Support Group

Contact List:

Ideford

Helen Bellamy:

07792224318

Angie Carter-Woodwark:

01626 854898 or text to

07766266573

Andy Holden:

07377383637

Jane / Tom Hill:

01626 859571



Contact List:

Olchard

David Fox:

01626 859599

Sarah Masson

07525148260

Alex Loxton

07774727400

Ideford Combe

Julian Hull:

07752180646

How can we help?

We are a newly formed group of residents who have come together to volunteer our help to support people in the community who are isolated due to the coronavirus outbreak and require help. If you already have a support network of friends or family nearby then please use these. It is also a good idea to check up on your neighbours (keeping at least a 2m gap!)

However, for those without this support network there are many ways to get help. Whether it's items you need from the shop, picking up prescriptions or the situation becoming overwhelming; please don't hesitate as there is no problem too big or too small!

Food Delivery:

Gills Grocers Chudleigh: 01626 852214 Gills has kindly volunteered to deliver groceries from their well-stocked shop in Chudleigh to Ideford. Please give them a call.

Eric Mahy: 01626 853558 Eric runs the bread stall outside the Town Hall and has got together with some other local traders to deliver **Bread, Meat, Cheese and Eggs** to Ideford. Please give them a ring and order by Tuesday night to receive a delivery on Thursday or Friday.

If you have any queries or need help with absolutely anything, please don't hesitate to email us at idefordhelp@gmail.com or get in touch with any of the council members who have volunteered their help on the contact list above.

We will try and keep everything posted on the parish website (www.ideford-parish.co.uk) and the Facebook page Proud Ideford.

These times will be tough but support is available at the mind.org.uk website, with information specifically for the Coronavirus outbreak at shorturl.at/jsvzW

We are also organising a **Village Light-Up** every Sunday at 7pm to shine a light in your Garden, to spread through the village. We have also seen and are encouraging others to take part in **#clapforourcarers** this Thursday 26th March at 8pm, to show our thanks to our healthcare workers.